



The Sunrise-Sunset Group of Alcoholics Anonymous

**MAY
2024**

www.SunriseSunsetGroup.org

Thursday Speakers

- 2nd Candice M.
- 9th Vana A.
- 16th Bryson U.
- 23rd Keely
- 30th Lauren E.

Saturday Speakers

- 4th Katya A.
Step 4 Sex
- 11th Wes S.
Step 5
- 18th S. J.
Step 5
- 25th Larry S.
Steps 6 & 7

THE SUNSET GROUP
Thursday 7:00-8:30pm



Sherman Oaks/East Valley Adult Center
5056 Van Nuys Blvd., Sherman Oaks, CA

THE SUNRISE GROUP
Saturday 8:15-9:30am

St. Matthews Lutheran Church – Sanctuary Room
11031 Camarillo St., North Hollywood, CA 91602

**Zoom Meetings
Information**

(Zoom access available 5 minutes
before start of each meeting)
Meeting ID: 862 2597 2363
Password: 862020

Seventh Tradition

Visit website Events page for PayPal links.
Venmo with @SunriseSunset or scan below.
(please denote Thursday, or Saturday when giving)



A Prayer of Unknowing by Thomas Merton

My Lord God, I have no idea where I am going. I do not see the road ahead of me. I cannot know for certain where it will end. Nor do I really know myself, and the fact that I think I am following Your will does not mean that I am actually doing so. But I believe that the desire to please You does in fact please You. And I hope I have that desire in all that I am doing. I hope that I will never do anything apart from that desire. And I know that, if I do this, You will lead me by the right road, though I may know nothing about it. Therefore I will trust You always though I may seem to be lost and in the shadow of death. I will not fear, for You are ever with me, and You will never leave me to face my perils alone. Amen.

- Thomas Merton, *Thoughts in Solitude*, page 79, (suggested by Belinda T.)

E. L. Doctorow once said that "writing a novel is like driving a car at night. You can see only as far as your headlights, but you can make the whole trip that way." You don't have to see where you're going, you don't have to see your destination or everything you will pass along the way. You just have to see two or three feet ahead of you.

- This is right up there with the best advice about writing, or life, I have ever heard, (unknown)

UH, THANKS DOC

Herb went to the doctor for a routine exam. While he was there, he told the doctor that he wasn't able to do all the things around the house that he used to do. "Cuz I'm usually pretty drunk when I get home," he explained.

When the examination was complete, Herb looked at the doctor and said,

"Now Doc, I can take it. Tell me in plain English what's wrong with me."

"Well, in plain English," the doctor replied, "you're just a lazy old drunk."

"OK," said Herb. "Now give me the Latin term, so I can tell my wife."

—Bob M. Green Valley, Ariz., Dec 2017



"Sorry lady, it doesn't work that way."

*** For more information
visit our website at
SunriseSunsetGroup.org**

The San Fernando Valley Central Office is at 16132 Sherman Way, Van Nuys CA 91406, 818-988-3001 (sfvaa.org).
The Sunrise-Sunset Group and meetings are in District 17 (www.district17aa.org) of Area 93, Central California (www.area93.org).
If you would like to contribute to this newsletter please contact the editor at SunriseSunsetGroup@gmail.com